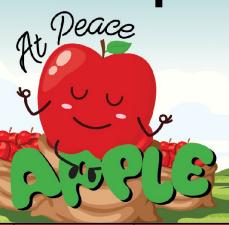
### South Harrison School District Elementary Breakfast Menu

# September 2025





Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	Welcome	Mini Powdered Donut Holes	Strawberry & Cream Cheese Mini Bagel	Strawberry Pop Tart with Graham Cracker
	Back!	Blueberry Muffin	Chocolate Chip French Toast	Mini Cinni
		Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers
8	9	10	11	12
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Mini Blueberry Donut Holes	Cinnamon & Cream Cheese Mini Bagel	Chocolate Chip Muffin	Mini Maple Pancakes	Apple Bites
Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers
15	16	17	18	19
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Mini Powdered Donut Holes	Strawberry & Cream Cheese Mini Bagel	Blueberry Muffin	Chocolate Chip French Toast	Mini Cinni Rolls
Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers
22	23	24	25	26
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Mini Blueberry Donut Holes	Cinnamon & Cream Cheese Mini Bagel	Chocolate Chip Muffin	Mini Maple Pancakes	Apple Bites
Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers
29	30	1	2	3
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Mini Powdered Donut Holes	Strawberry & Cream Cheese Mini Bagel	Blueberry Muffin	Chocolate Chip French Toast	Mini Cinni Rolls
Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers	Assorted Cereal Bars with Graham Crackers
Your Team		Meal Prices		
Lisa O'Brien, Food Service Director 856-769-0855 ext. 2151 ma1589@metzcorp.com		Student Breakfast	\$1.50	(*************************************

#### What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

## Whole Grain Cereals (served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

#### **Choice of Fruit**

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

#### Choice of Milk

1% white, fat-free chocolate

#### (V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

#### (VG) Vegan

These items do not contain any animal products

